

“Breakfast in a Bag” – for \$2.00

Dear Parents/Guardians,

EKHLA does not have its own kitchen facility, and therefore does not have the capacity to provide lunch to its students. EKHLA does, however, offer “Breakfast in a Bag”.

Monday	Tuesday	Wednesday	Thursday	Friday
Whole Grain Oatmeal To Go Bar	Whole Grain Bagel w/Assorted Jelly	Whole Grain Cereal	Whole Grain Granola Bar	Whole Grain Blueberry Muffin
Cheese Sticks Mixed Fruit Cup Apple Juice (100%) 1% milk or fat free milk	Fresh Apple 1% milk or fat free milk	Banana Apple Juice (100%) 1% milk or fat free milk	Peach Cup Apple Juice (100%) 1% milk or fat free milk	Cheese Sticks Banana Apple Juice (100%) 1% milk or fat free milk

- The same menu will be used throughout the school-year.
- Pre-bagged breakfast is available from 7:20 AM until 7:40 AM every morning in in the gym
- Meals are served complete, students do not have the option of selecting portions of the breakfast.
- If students are late, they may pick breakfast up to be eaten later in the morning.

In order to accurately prepare the right number of packaged meals, we ask families to let us know if their children will be participating.

If you have any questions or comments, please feel free to call me at 201-853-7267.

Thank you,
Barbara Friedberg
Child Nutrition Director
Eleanor Kolitz Hebrew Language Academy

To Pre-order”

Student Name _____ Grade Level _____

For the week of _____

Monday	_____
Tuesday	_____
Wednesday	_____
Thursday	_____
Friday	_____

Total number for the week _____ * \$2.00 = _____

Please remember it is cash or check only. Checks should be made payable to EKHLA.